



JAGDGUT WACHTELHOF

HINTERTHAL

  
TISANOREICA®

# 50 YEARS OF EXPERIENCE X STATE-OF-THE-ART TREATMENT METHODS

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## **Prof. Dr. Christoph PAPP** (left)

- Head of the Department of Plastic and Reconstructive Surgery | Sanatorium Dr. Pierer
- More than 30 years of experience in Plastic & Reconstructive Surgery
- conducted more than 23k surgeries
- Trained in Europe & the US
- trained some of the best Austrian plastic surgeons

## **Dr. Alexander PAPP** (right)

- Trained in Switzerland, the US & South America
- Specialized in Aesthetic & Reconstructive Surgery
- Specialized in non-invasive treatment methods – PRP, OneTech, Infusion Therapy
- Expert in Ketogenic Nutrition

With almost 50 years of shared experience in Plastic & Reconstructive Surgery and two hungry minds, we constantly seek for new, ground-breaking techniques and medical treatment methods, which would help our patients recalibrate and rejuvenate their whole bodies and thus improve their health and even prolong their lives. We draw our extensive knowledge from all Life Sciences and combine it with state-of-the-art discoveries of Molecular and Cellular Medicine.

We are pleased to cooperate with TISANOREICA® and PHYSIODERMIE on our new endeavour by following the ancient wisdom that healing from the outside starts with the healing from the inside.

Thanks to the kind courtesy of our valued partner, **Chalet Jagdgut Wachtelhof** we are now able to realize our long-desired Deep Rejuvenation project – for the substantial health benefit of our patients.

# THE KETOGENIC NUTRITION PROGRAM

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Our clinically researched holistic approach relies on **DETOX from the Inside** – a deep regeneration program that resets and recalibrates the body, with **DETOX from the Outside**, which guarantees a long-lasting improvement in physical health and overall well-being.

Our Philosophy combines the principles of ketogenic nutrition, Hippocrates' Classic Fourfold Typology and the natural healing power of plants and herbs. Our products are carefully composed, based on standard anamnesis and according to the individual health needs of our patients.



TISANOREICA®

**DETOX FROM THE INSIDE**  
**TISANOREICA The Ketogenic Nutrition Program**

Elaborate Nutrition Plan, supported by DECOTTOPIA® Herbal Elixirs & TISANOREICA® Gourmet Products for a complete dietary change.



MÉTHODE  
PHYSIODERMIE



**DETOX FROM THE OUTSIDE**  
**PHYSIODERMIE Natural Cosmetics**

Individually Customized Cosmetic Products + Manual Application Techniques

# DETOX FROM THE INSIDE

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Our TISANOREICA® Ketogenic Nutrition Program rests upon DECOTTOPIA® Herbal Elixirs, low-carb TISANOREICA gourmet products and fresh groceries from the supermarket. This Synergy makes the transition into ketogenic nutrition simple and at the same time offers a healthy, balanced and varied diet.



DECOTTOPIA®  
HERBAL ELIVIERIS



TISANOREICA®  
PRODUKTE & AKTIVATOR



FRESH GROCERIES  
FROM THE SUPERMARKET

## Decottopia®

The extraction method of DECOTTOPIA Herbal Elixirs goes back to a centuries-old tradition of natural healing, with highly concentrated active agents obtained from pure herbal essences. We extract the valuable active ingredients and combine them in their purest form to achieve the optimal effect on your health. Herbal Elixirs are suitable for all, who want to change their eating habits, detox effectively and get the necessary dose of nutrients.

## TISANOREICA®

TISANOREICA gourmet products with a carbohydrate content of max. 11% have been developed in order to optimize the individual nutrition patterns and balance the natural body functions without sacrificing the pleasure. They can be combined with fresh groceries from the supermarket.

# KETOGENIC NUTRITION

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Our bodies are used to turning carbohydrates into glucose and use it as energy source. When entering ketosis by sufficiently limiting the daily carbohydrate intake, human liver starts breaking down fat cells into fatty acids and ketones, to be used as energy instead. While the muscle mass is maintained, a reduction of weight is a direct result of this process.

DECOTTOPIA® Herbal Elixirs and TISANOREICA® gourmet products enriched with TISANOREICA® Activator make this nutritional transition easy and supply your body with the necessary dose of proteins, vitamins, minerals and trace elements.



# THE KETOGENIC NUTRITION PROGRAMME

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- quick & easy nutrition protocol
- sustainable weight loss without sacrifice & yo-yo effect
  - balanced protein intake
  - individual nutrition plan
- easy to implement – no matter whether at home, in the office or on the road

# HEALTH BENEFITS

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- regulates intestinal peristalsis & stimulates metabolism
- improved cholesterol, triglycerides and blood sugar levels
  - balanced blood pressure levels
  - increased energy levels & improved mobility
- optimizes your blood sugar & blood pressure levels
  - has a draining effect
- reduces cellulite & improves the health of your skin visibly
- allows a healthy & sustainable reduction of weight without the yo-yo effect
  - prolongs life expectancy

**The Ketosis approach is used in the treatment  
of a large number of diseases:**

- Obesity • Type 2 diabetes • Coronary Heart Diseases •
- Arthrosis • Epilepsy • Insulin Resistance • Autism •

# TISANOREICA ACTIVATOR

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TISANOREICA ACTIVATOR boosts fat burning & ensures the optimal absorption of amino acids while providing the body with the exactly required amount of organic proteins and enzymes.

Bill Clinton, Silvio Berlusconi & Ornella Muti belong to our most famous celebrity clients.

Developed & recommended by the  
Department of Biomedical Science  
of the University of Padova  
Clinically tested



# DETOX FROM THE OUTSIDE

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MÉTHODE  
PHYSIODERMIE



stands for the extraction and application of active ingredients from medicinal herbs and their effect on human skin cells. We obtain active agents from herbs and plants using our particularly gentle extraction method and we use them in their purest form in the production of our cosmetic products.



# THE PHILOSOPHY OF PHYSIODERMIE

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- Customized Natural Cosmetics
- Developed & tested in Switzerland
- state-of-the-art formulas based on the discovery of new molecules
- highly concentrated active ingredients
  - great skin tolerance
- highest level of active ingredient efficiency
  - excellent packaging techniques

The detox and purification process is supported by highly effective peelings, baths, packages and special manual application techniques. Microencapsulated multi-active substances are transported exactly where the skin needs them the most, fight free radicals and prevent premature skin aging. The change of nutrition forces the body to recalibrate, regenerate and activate its self-healing powers.

## **Analysis of Individual Morphological Characteristics**

Our goal is to obtain the individual morphological characteristics of our clients using our own reliable method, and provide them with a highly customized product selection.

# CELL – DETOX | INFUSION THERAPY

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## **Cellular Rejuvenation Program**

Our cosmetic medicine experts provide the patient with daily infusions. The Infusion Therapy induces the inner detoxication process and has a lasting rejuvenating effect on the body.

## **Therapeutic effects of Infusion Therapy**

- provides deep detox | removes nicotine, free radicals and other environmental toxins from the body
- anti-aging | improves the structure of collagen
  - reduces physical tension
  - reduces oxidative stress
- reduces inflammations & infections
  - activates faster self-healing
  - fights chronic exhaustion

# MANUAL APPLICATION TECHNIQUES

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## Morphological Lymph Drainage (Face & Body)

- drains & detoxifies
- supports the removal of excess interstitial tissue fluid
- optimizes the skin's supply of oxygen
- activates cell renewal

## Morpho Digestion

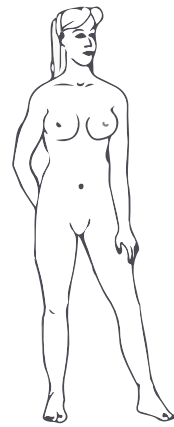
- alleviates swelling
- supports Intestinal Peristalsis

## Morpho-Treatment Packages

- increase the Lypolyse
- purify & detoxify
- break up protein chains in the cell liquid

## Morpho Hydro-Therapy

- drains
- improves blood perfusion
- has a firming effect on the body



MORPHO  
ANALYSE



BLUTTYP



GALLENTYP



NERVENTYP



LYMPHTYP